

Treats of the Season

Whatever your pleasure is this changing of the seasons, be it football, haunted houses, or turkey and dressing – your furry companion is right by your side to celebrate along with you.

Harley wants to cheer on your favorite team and show his team spirit!



Bruno says, “Boo” in his own way. He can also do a trick for a treat (so make sure you have plenty of doggie or kitty appropriate treats on hand - N2paws is offering a Halloween special – Buy 1 Get 1 Treats 🍗 (expires 10/31/13))



Bella counts her blessings that she made her way into your heart. As you count yours in return, save a small portion of meat and vegetables (such as beans or potato) to share those blessings together.



Autumn Equinox

As summer wanes and we awake to autumn, well past the half-way mark on the calendar, we can reflect on what we would like to cross off our list for the year. While the trees will be dropping their leaves, we can use this time to let go of those items that nag at us and hold us back.

If you were hoping to get to a certain level in your dog sport – let it go (take a break, practice something different for a while and pick it up later).

If you were hoping to help your kitty lose weight – let go of the guilt (and start shifting her to a healthier diet now – as the seasons shift into place).

If you meant to get your furry companion in for an annual vet check – not to worry, make that phone call and get it on the calendar.



With autumn comes a bountiful harvest. As you choose those decorative gourds or your holiday pumpkins, count your blessings for all that surrounds you.

Acknowledge the wonderful furry or feathered companion that brings you smiles, joy, and love. Honor the spirit in which they enrich your life, and give thanks to them as they hold a place in your heart.

Feature Companion for this issue: Your Dog



You might try this lovely autumn recipe, to offer your canine companion some healthy home-baked goodies (from the heart and your kitchen) – courtesy of our old friend Betty Crocker:

Gluten-Free Pumpkin Treats:

Ingredients

- 3 cups brown rice flour
- 1 teaspoon ground cinnamon
- ¼ cup peanut butter
- 2 eggs
- 1 can (15 oz.) pumpkin (not pumpkin pie mix)



Directions

- Heat oven to 350°F. In large bowl stir all ingredients until soft dough forms.
- Divide dough in half. Using brown-rice-floured rolling pin, roll each dough half to 1/2 inch thickness on brown-rice-floured surface. Cut with 3-inch cookie cutter. On ungreased cookie sheet, place cutouts about 1 inch apart.
- Bake 35 to 40 minutes or until dry and golden brown. Cool 1 minute; remove from cookie sheet to cooling rack. Cool completely, about 30 minutes.
- Store in dog treat jar at room temperature up to 1 week. For longer storage keep in refrigerator or freezer.
- **Tip:** To dress up your puppy treats, melt 1 cup yogurt chips (available at pet stores) and 1 teaspoon vegetable oil in microwavable bowl uncovered on High about 1 minute or until mixture can be stirred smooth. Drizzle over puppy treats. *(N2paws tip: for a healthier option you can put a couple of drops of real low-fat yogurt on the treat prior to offering it).*
- **Tip:** Check with your vet to make sure that these puppy treats fit into your dog's diet. Be sure to check the recipe for any known foods or ingredients your pet may be allergic to.

Training Tip of the Month:

Ringing doorbell a problem at your house? If so, now is the time to start practicing an alternate solution (as those little ghosts and ghouls will be showing up before you know it). Choose a behavior that you would prefer Sami demonstrate, since spinning around and barking wildly at the sound of the doorbell is not desired. You might chose for her to go to a certain “place” (like a rug) and sit or lie down (waiting quietly until you “release” her). You can practice “go to your place” or “go to your rug” with repetition and reward (no doorbell involved), until she is doing it 100% of the time. Then add the doorbell to your training exercise (only rewarding when she accomplishes the task), and keep practicing. 🍗

If Sami already has a routine for the doorbell, such as looking out the door, barking once, and then going to a mat, then you can train a new addition to this routine. Instead of a “release” from the mat, you can add a “come”, then a trick (like “shake”). You will have to make sure that you mix it up a bit, using the “come-and-that she doesn’t lose the regular “release”.



Just for Fun & Heart Tugs

Doga & Meowoga Corner



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Our canines and felines are masters of yoga – stretching, relaxing, and becoming centered.

Our companion animals have a better ability than we do to be flexible. They are often acrobatic and entertaining. Doga and Meowoga are fun ways to share improving body, mind, & spirit with your furry companions. It will develop your observation skills about their range of motion or limitations, all while deepening your bond with them. It is a good way to teach awareness through movement and enhance wellness in a safe and integrative way.



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Quotes of the Month:

"A good dog never dies. He always stays. He walks besides you on crisp autumn days when frost is on the fields and winter's drawing near. His head is within our hand in his old way." - Mary Carolyn Davies

"Ready or not autumn here I come. I love chasing falling leaves and well, anything that moves. Followed by some existential soul searching and a cuddle."
- Oden the cat (catwisdom101.com)

"The season for enjoying the fullness of life -- partaking of the harvest, sharing the harvest with others, and reinvesting and saving portions of the harvest for yet another season of growth." -Denis Waitley

Announcements:

N2paws is partnering with Lee's Summit Subaru for the second annual Pet Celebration & Pet Adoption event: October 19, 11am-2pm. Come by and check out the pet vendors, adoptable dogs & cats, and the wonderful selection of pet-friendly vehicles, as well as prizes & refreshments.

N2paws is hosting an Open House on October 26th at the new facility, 10am-noon. Bring your Jack-o-Puppy or Kitty Wizard for some free demos of TTouch or Doga♦Meowoga. Watch for with more details mid-October.



treats and announcement

Feature Adoptable Companion(s) for this issue: Buck & Daisy

In 2011 Buck and Daisy were taken in by friends of a family whose home flooded and they were not able to rebuild. Due to health reasons, it is becoming increasingly difficult for the current guardians to care for them so Buck and Daisy are in desperate need of a forever home. Buck and Daisy have been together since they were puppies and Buck is very attached to Daisy. They MUST go to a home together!



Buck is a German Shepherd mix, approximately 5 years old, who loves to be petted and loves his treats! Initially he was skittish with adults, especially men, but has improved tremendously and now warms up to strangers after 10-15 minutes. He is a sweet, gentle, and playful boy who LOVES to get attention.

Daisy is a German Shepherd/Yellow Lab mix, approximately 5 years old, who loves to be petted/groomed, talked to, and of course given lots of treats! She is attached to Buck, but is the boss (or so it seems). She is quick to allow people to pet her and instantly becomes their friend. She is laid back but LOVES to play if given the chance.



Buck and Daisy have always been outdoor dogs. They currently live in a large 4 ft. chain link fenced in area and have made no effort to get out of it. They would love to become indoor dogs; however, they will need housetraining and house manners.

Buck and Daisy have both been tested around medium and large dogs and did great. They have not been tested around small dogs although we suspect they would do better with medium or large dogs only. Both dogs have been around children as young as seven and did very well.



Buck and Daisy are looking for a family that will show them life as indoor dogs and love them FOREVER. If you would like to meet them or any of their fellow foster pals, check them out at Missouri German Shepherd Rescue:

<http://mogsrescue.rescuegroups.org>, where their mission is to help animals that cannot help themselves. All dogs are spayed/neutered and current on shots. N2paws offers discounted services to help transition any of the MOGS dogs to their new forever homes. If you aren't in a place to bring in a new canine family member at this time, please consider a donation to help the cause of changing one dog at a time.

Upcoming Events for N2paws & other fun stuff

Oct 19 – Pet Celebration/Adoption, Lee's Summit Subaru, 11am–2:00pm

Oct 20 – Dogtoberfest (original), Fleming Park, MO 10am-4pm

Oct 26 – N2paws Open House, Peculiar, MO 10am-12pm

Nov 2 – Doga (Doggie Yoga), Olathe, KS

Nov 30 – Chili Dinner & Auction, Grandview, MO 7-9pm

(Bucks for Bunnies benefits the MO House Rabbit Society)



 N2paws carries a nice variety of high quality treats for dogs & cats (liver bites, grain-free treats, bully sticks). Contact pat@n2paws.com or 816-522-7005 for flavors.

 N2paws teaches the TTouch® method to influence behavior and well-being.

If you would like to learn more about TTouch, you may contact N2paws by email: pat@n2paws.com or 816-522-7005, for a private session, group workshop or a public speaking opportunity. Also, visit our website www.n2paws.com, for interesting links and current event schedule.



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