

# **Spring-Early Summer 2012** Newsletter

#### N-Harmony with the Animal Kingdom





## Stop and Smell the Flowers

Spring is a wonderful time of year (troublesome if you have allergies – but worth battling). The Earth is renewed and the seedlings sprout to life, with bright colors and flowery, grassy scents.

Along with luscious vegetation, we gain more daylight. It is good for the soul to be at one with nature, but it is good for the body was well – to drink in that Vitamin D.

Since we had such a warm winter we are saying, "hello" to those pesky bugs a bit earlier this year. Don't let that spoil your time outside with your animal companion. There are several ways in which you can protect your dog or cat. You may get topicals or tablets from your veterinarian. If you don't want to use parasiticides, you can use holistic options – powders, sprays, tags that clip to collars, etc. Check out some of these options at <a href="https://www.onlynaturalpet.com">www.onlynaturalpet.com</a>.

Don't let allergies or pests keep you from enjoying Spring. Get out and about with your furry companion and don't forget to stop and smell the flowers.





Memorial Weekend, while technically part of Spring, is the kick-off to Summer. We use that time to honor our fallen soldiers, and memorialize all our lost loved ones. It is also a good time to reflect on the animal companions that we were so lucky to have been part of their journey, and who have crossed the Rainbow Bridge.



One way to honor your beloved companion is to do something in her memory.

- Participate in something she really liked, with your current companion (go for a walk to a particular spot or park, go for a car ride, play fetch, give her a session of gentle touch or massage).
- Make a donation to an animal rescue organization in her name, either monetary or maybe a toy or special treat that she enjoyed.
- Plant a tree or bush, or buy a hearty potted plant, to live on and represent the love in your heart for her.

And....in the spirit of Memorial Day, thank a Veteran for his/her service.



#### Feature Companion for this issue: In Memory of Snowdog



The journey of a rescue dog begins with a soft sweet smile. I am always astonished by the animals that are neglected, abused, and discarded by our society. Snowdog was discovered during a

hoarding investigation where 600 abused animals were found in wretched conditions. She was "bedraggled, beaten, and completely unrecognizable", but she

was one of the lucky ones because she got the loving family that every animal companion deserves. In the arms of her new mama, she was nursed back to health.





Not only did this beautiful Snow girl bring immeasurable love and joy to the lives of her new family, they shared her with the rest of us. Snowdog made many appearances across the metro area, tirelessly bringing smiles to everyone

she greeted, often in a volunteer and educational role. She was the ambassador for sweet, gentle-natured,

people-loving, dog-friendly canines. Her light shines on for all of us who crossed her path and we are grateful that she touched our lives. In memory of Snowdoggie, consider adopting a rescued animal (or volunteering in some capacity), to continue her legacy.





### **Training Tip of the Month:**

Patience, consistency, & practice (practice, practice): The more cues (aka commands), that your dog knows the better your ability to communicate with her....and the more words you have to ask for something, redirect an unwanted behavior, or save her life in a dangerous situation. The most important cues you can teach are "come", "stay", and "leave it". "Sits" and "downs" are very handy (and go along with the critical cues), because they will make it easier for the dog to comply with a "stay". If the dog is sitting (and more so if the dog is lying down), it is more difficult to just take off. Your dog would have to stand up or get up to start moving toward an object of desire. In the real estate business you will hear: "location, location, location". The mantra for training is: "practice, practice, practice". You must be consistent (to get consistent results) and you must be persistent (to maintain the results), but most of all you must be patient. When we lose patience we lose persistence, and therefore, consistency. Kindness and respect go a long way to building a strong relationship and obtaining lasting results.

# Just for Fun & Heart Tugs

#### Doga & Meowoga Corner



Our canines and felines are masters of yoga – stretching, relaxing, and becoming centered.

The key to flexibility is to allow the body to move and stretch only as far as is comfortable. The way to find out what the limitations are of your animal companion is to lure him into a stretch or position with a tasty treat. Once you know his limitations, then you can begin to work toward additional range-of-motion through the introduction of non-habitual movements and TTouch®.



#### **Quotes of the Month:**

"Did you ever notice when you blow in a dog's face he gets made at you? But when you take him in a car he sticks his head out the window." - Steve Bluestone

"A cat is a puzzle for which there is no solution" - Hazel Nicholson

#### **Announcements:**

N2paws is on hiatus for the summer.....working on the new facility and keeping in touch through the newsletter. Target for the Grand Opening is Autumn 2012.

Have a safe and fun-filled summer





- Keep your dog hydrated
  - Take water on walks
  - Ensure there is plenty of fresh water and shade when he is outside



- Don't leave your animal companion in the car when temperatures are above 75° (even with windows cracked animals can overheat within 10 minutes)
- Protect & keep your animals calm over the 4th of July celebrations
  - Keep them inside (where they can't escape and run from the noise)
  - Play a TV or radio to mask the sounds
  - Use complimentary methods to keep them calm (e.g.
     **™**TTouch<sup>™</sup>, flower essences, homeopathic remedies, natural supplements, D.A.P. spray)



#### Feature Adoptable Companion for this issue: Lola



Lola is a young girl that has been through a *very* tough beginning. She was picked up as a stray with severe skin issues, weak, and starving. She was brought into rescue not a moment too soon, as the vet didn't think she would have lasted much longer. Her starvation condition was accelerated due to her being pregnant! Just as she was going in for her spay she started showing signs of kennel cough – her gift from being in the pound. With her weakened condition and the coughing, it was too risky to spay her. Everyone immediately

went into overdrive to boost her nutrition to the max, feeding her several small meals per day – giving her and the

puppies the best chance of survival.

Lola made it through by the power of positive energy, good nutrition, and her own survival mechanisms. She had a small litter which was a blessing. She has recovered from her weakness. Her skin improves daily. She and the puppies turned out fine, thanks to the TLC from her rescue saviors. Now she is looking for her forever home. Lola is a very sweet girl. She gets along with other dogs of all sizes and very friendly with people (she would probably do well with children, but would have to be tested), cats are unknown.

If you would like to meet this beautiful sweet girl (or any of her foster buddies), go to <a href="www.mogsrescue.rescuegroups.org">www.mogsrescue.rescuegroups.org</a>, or contact <a href="mogsrescue@yahoo.com">mogsrescue@yahoo.com</a>, or (785) 409-3919, where their mission is to help dogs in need and find them forever homes. N2paws offers discounted services to help transition rescue dogs to their new homes.

## Upcoming Events for N2paws & other fun stuff



Jun 10 - Dog-n-Jog, Country Club Plaza, KCMO, 7am Jul 22 - Suds of Fun (U-Wash Puppy) Merriam, KS 4-8pm Aug 11 - Tails on the Trails, Lenexa, KS 9am-1pm Late Summer/TBD – Doga Demo, Overland Park, KS







N2paws carries a nice variety of high quality treats for dogs & cats (liver bites, grain-free treats, bully sticks).

Contact <a href="mailto:pat@n2paws.com">pat@n2paws.com</a> or 816-522-7005 for flavors.

N2paws teaches the TTouch method to influence behavior and well-being.

If you would like to learn more about TTouch, you may contact N2paws by email: <a href="mailto:pat@n2paws.com">pat@n2paws.com</a> or 816-522-7005, for a private session, group workshop or a public speaking opportunity. Also, visit our website <a href="https://www.n2paws.com">www.n2paws.com</a>, for interesting links and current event schedule.

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