

N-Harmony with the Animal Kingdom



Celebrate the Season w/your Furry or Feathered Companion

Finding it hard to fill Rover's stocking or locate Whisker's that perfect gift?

Rover will like anything with a squeaker. Get a really well sewn item for starters (then pick up several "seasonal" toys after the holiday to have on hand when the squeaker breaks or when Whisker's loses the catnip mouse under the sofa).

Liver treats 🦴 are a tasty snack. Both Rover & Whiskers will like them! Whiskers might like the Salmon treats even more.

Bully Sticks 🦴 are another fun way to give Rover something to do when you are busy entertaining or doing chores. Tweety might like one too!

When you need stress relief during the holiday madness, stop and do a little meditation or Doga 🐾 with Rover (Meowoga 🐾 with Whiskers)



Helping Homeless Animals this Holiday Season

We are all very lucky to have our furry or feathered family members. This holiday season when we are giving thanks for all the wonderful things in our lives, we should give thanks to those four-legged or winged companions that make our lives whole.

While we are blessed to have our animal family members and they are also lucky to have us, there are many furry and feathered critters that do not have a family or a forever home. If you have couple of extra dollars, consider a donation to one of the local shelters or rescue organizations (there are pure and mixed breed dog rescue, cat rescue, and bird rescue groups). All of the rescue organizations can use extra help, especially this time of year, when budgets are tighter and volunteers take more time off. If you can't afford a monetary donation, consider filling in for a volunteer shift or fostering an animal if you are not traveling or entertaining. While it is not a good idea to give an animal as a gift due to the preparation involved and long term commitment required, it would be a lovely gesture to take in an animal for some TLC fostering and help the rescue staff.

If you can't foster consider donating items that you have around the house, such as towels, sheets, cleansers, etc. Every little bit helps, and what a good feeling to help a homeless animal this holiday season.



Feature Companion for this issue: Your Companion



If your dog or cat has a behavior or health issue, consider techniques that you can learn to enhance his or her well-being. N2paws offers many tools and techniques that you can use to modify a behavior, bring calm, ease pain, lift spirits, improve performance and build a better bond with you. Contact N2paws (pat@n2paws.com), to learn more about these methods. Gift certificates are also available.



Announcements:

N2paws is offering buy 1 get 1 half-off on treats 🍗 and bully sticks 🍗 during the holiday season. Delight your beloved companion and let them indulge in the delicacies for their species.

Training Tip of the Month:

Have fun teaching your dog something new. Even if you have an old dog, you can teach a new trick. This is the time of year to give thanks for all the unconditional love you get from your animal companion(s). It is also the time of year to celebrate (eat, drink and be merry), so don't leave Max or Fluffy out. Make sure you stock up on healthy, appropriate treats. 🍗 Use some of those fancy (high value) treats to teach a new trick. Choose something simple if you have a senior or very young puppy (as seniors may not be comfortable in certain positions or doing rigorous activity and puppies have a short attention span). You can teach "high five" or "spin" in a circle. Lure until you get the behavior and then reward with some yummy treats. Your dog will be thankful for the treats and the time with you! If you have an older puppy or young adult, you can teach a couple of simple tricks and chain them together into a routine. With treat in-hand, your dog will be up to the challenge!

Just for Fun & Heart Tugs

Quotes of the Month:

"The little furry buggers are just deep, deep wells you throw all your emotions into." - Bruce Schimmel

"An old dog, even more than an old spouse, always feels like doing what you feel like doing." - Robert Brault



Doga & Meowoga for this issue:

Padangustasana

(Toe Stand)

Creates balance & focus
(in body & mind)
Strengthens stomach
muscles
Relieves arthritis in legs
joints and hips



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Garudasana (Eagle Pose)

Stretches thighs, hips,
shoulders & upper back
Improves concentration
Improves sense of balance



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p.s. trick photography - don't try this at home.....but do come to a Doga class to learn how to relax and have fun with your canine or feline companion!

Feature Adoptable Companion(s) for this issue: MOGS Mid-life Gems

We may not be puppies, but our maturity brings with it life lessons like house-training, less chewing (as we are beyond teething), knowledge and quick learning skills. Some life lessons we learned the hard way and may make us a bit cautious, but love and patience are what we need to fix that! We are a group of seasoned and outspoken canine companions – but the most loyal you will find in the kingdom. We would love to meet you and have a chance to show you dependability and devotion. And I must say our maturity shows all our gorgeous features as well. Check us out!

If you would like to meet any of these wonderful mid-life/seniors, check them out at Missouri German Shepherd Rescue: <http://mogsrescue.rescuegroups.org>, where their mission is to help animals that cannot help themselves. All dogs are spayed/neutered and current on shots. N2paws offers discounted services to help transition any of the MOGS dogs to their new forever homes. If you aren't in a place to bring in a new canine family member at this time, please consider a donation to help the cause of changing one dog at a time.



Upcoming Events for N2paws & other fun stuff

N2paws is on a holiday break –
Check out the seasonal calendar of events at:

www.dogslifekc.com

Where you can find photos with Santa – which support several good causes!

Happy Holidays
to you and all your animal
companions
from N2paws



 N2paws carries a nice variety of high quality treats for dogs & cats (liver bites, grain-free treats, bully sticks). Buy1/Get1 is limited to 2 bags/boxes of treats or 4 Bully Sticks. Contact pat@n2paws.com or 816-522-7005 for flavors.

 N2paws teaches yoga for dogs (Doga) and yoga for cats (Meowoga)

If you would like to learn more about TTouch, you may contact N2paws by email: pat@n2paws.com or 816-522-7005, for a private session, group workshop or a public speaking opportunity. Also, visit our website www.n2paws.com, for interesting links and current event schedule.

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