

N-Harmony with the Animal Kingdom



Does your Dog or Cat have Spring Fever?

We are finally starting to get some decent weather. Is Molly asking more enthusiastically for a walk (or more walks)? Get on out there and take in some fresh air – she will love you for it!

Is Bogie wanting out to watch the spring Robins going after worms? Take him with when you go out to plant your garden. If he is an indoor-only cat, teather him to you (or the fencepost) with a long line.

If your canine companion has problems with storms make sure you have all the tools you need ready to go. 🐾 You can use the TTouch® body wraps or Thundershirt™. You can also try flower essences (like Bach Rescue Remedy® or Anxiety by Green Hope Farms: www.greenhopeessences.com), or natural supplements (like ProQuiet® or Calmazon®) to help with reducing anxiety.

By the way – these are great choices in preparation for those 4th of July celebrations!

In celebration of Spring, and regardless of your spiritual choice, you can let your dog, cat, or feathered friend in on the fun and games of the “Easter Egg Hunt” 🍗



Get some plastic eggs, fill them with (puppy, kitty, or birdie) goodies and hide them. You can make it easier to find them if you drill holes in the eggs.

- *Kitties - you can buy the balls with pre-drilled holes and fill them with catnip and hide them around the house.*
- *Puppies – you can place the eggs in the yard and watch your pup find them (you could use a clicker to click when he finds the egg, then open it up and give him the treat). You could make it more interesting and lay a “track” to each egg and ask your dog to “track” while he is following your footsteps and when he gets close to the egg, ask him to “find it!”, giving him the reward inside the egg when he finds it.*
- *Birdies – love to forage, so get a giant egg and use each half: place a treat (like nuts, dried fruits, or even a dog biscuit) in the bottom; wad up some paper to place on top of the treats, then take another piece of paper to wrap over the top of the egg-half and poke a couple of holes in the paper to get your bird interested.*

Feature Companion for this issue: Carolina

Your dog can be going along, happy-go-lucky, and then seem to change rather overnight. If you notice a behavior change in your dog, the first thing to do is get a health check up. If all is ok, health-wise, then you need to think about what things in your dog's environment may have changed. Carolina was becoming aloof, barking anxiously, and less interested in food. In the past year she had lost two of her "siblings" and welcomed a new elder human member into the household. She had to get used to sharing her space and learn to get around equipment, all without the guidance of the canine matriarch. Her mom decided to try different ways to calm her anxiety and soothe her psyche with techniques and supplements, before trying pharmaceuticals. Flower essences and herbal supplements helped tremendously.....with a little TTouch® and TLC thrown in for good measure. Carolina says, "Thank you, Mom!"

Announcements:




The Thundershirt™ is great way to calm your canine companion, when she is anxious about noises such as thunderstorms or the upcoming 4th of July celebrations. It can also be an effective tool to support your dog through other issues, such as separation anxiety, house guests, car rides, etc. The Thundershirt was developed as a by-product of the Tellington TTouch Training method, and is a stylish way to calm the canine angst.



 N2paws is offering a **25% discount** on Thundershirts through May 31, 2011. Just mention this newsletter to get the discount.

Training Tip of the Month:



If you close your eyes, click your heels together and say, "I have the perfect dog. I have the perfect dog. I have the perfect dog.", when you open your eyes you WILL have the perfect dog. Ok – April Fools, but if you reward your dog three times you are on your way to a new behavior. If want to teach your dog something, start by asking for it (use a word to put in "on cue") and give a reward immediately when your dog exhibits the behavior. Continue working on that cue with repetition, reward  and consistency, until your dog has mastered the cue. You can "proof" your cue by asking for it when your dog can't see your face (turn your back or step out of the room). Our dogs are visual learners. They spend all their time studying our body movements to "read" them. So proofing your cue would be to see if your dog actually knows the verbal (word) part of the cue.

Just for Fun & Heart Tugs

Quotes of the Month:

"Dogs laugh, but they laugh with their tails." - Max Eastman

"Cats do not have to be shown how to have a good time, for they are unfailing ingenious in that respect." - James Mason

Doga & Meowoga for this issue:

Vriabhadrasana (Warrior | Pose)



2009© Dan Boris

Stretches chest, lungs,
shoulders & back
Strengthens shoulders,
arms, & back
Strengthens & stretches
thighs, calves, & ankles

Krounchasana (Heron Pose)



2009© Dan Boris

Stretches the hamstrings

Stimulates abdominal
organs & heart

Reduces flat feet

p.s. trick photography - don't try this at home.....but do come to a Doga class to learn how to relax and have fun with your canine or feline companion!

Feature Adoptable Companion(s) for this issue:

Danny



Oh Danny boy what can we say about you? This boy is a doll! He is so happy and loves people and other dogs. Danny is another one that has been waiting a long time for his forever home. He is such a great dog but tends to be a fence jumper so a lot of people who would have adopted him have not been able to because they didn't have a fence high enough for him. He will need a 5-6 foot fence in his forever home. This boy will bring you so much pleasure and joy and you will fall in love when you meet him. Danny has been in a foster home for a while now and has mellowed so nicely. He is a beauty with a personality to match!



If you would like to meet Danny or any of his peers, check them out at Chain of Hope: www.chainofhopekc.org, or 816-221-8080, where their mission is to help animals that cannot help themselves. All dogs are spayed/neutered and current on shots. N2paws offers discounted services to help transition Danny or any of his peers to their new forever homes. If you aren't in a place to bring in a new canine family member at this time, please consider a donation to help the cause of changing one dog at a time.

Upcoming Events for N2paws & other fun stuff

April 30 – Tails on the Trail, Ottawa, KS
May 1 – Woofstock, Zona Rosa, KC North, MO
May 7 – Tails on the Trail, Independence, MO
May 15 – Pooches on the Parkway, Blue Springs, MO
May 23 – Aging Gracefully, Overland Park, KS
Jun 12 - Dog N Jog, Country Club Plaza, KCMO
Jun 13 – Doga, Overland Park, KS (6:30pm)
Jun 20 – Beyond the Big Bang, Overland Park, KS (6:30pm)



N2paws carries a nice variety of high quality treats for dogs & cats (liver bites, grain-free treats, bully sticks). Contact pat@n2paws.com or 816-522-7005 for flavors.



N2paws teaches the TTouch method using body wraps and also carries the Thundershirt™.

If you would like to learn more about TTouch, you may contact N2paws by email: pat@n2paws.com or 816-522-7005, for a private session, group workshop or a public speaking opportunity. Also, visit our website www.n2paws.com, for interesting links and current event schedule.

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