

November / December 2010 Newsletter

N-Harmony with the Animal Kingdom

Holiday Jingle from N2paws

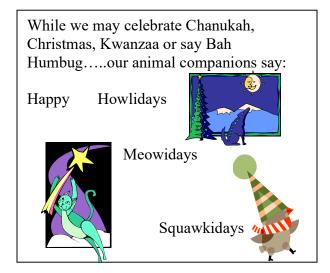
Dashing through the snow Titan's out to play O'er his head, the throw Loping all the way Bells on yarn strings ring kitties leaping height What fun it is to watch Leo's acrobatic sight

Oh, jingle bells, jingle bells Shelby's playing in his cage Oh, what fun it is to have Pets of every stage Jingle bells, jingle bells Shelby's playing in his cage Oh, what fun it is to have Pets of every stage

A day or two ago I thought I'd take a ride And soon Miss Emmy girl Was seated by my side Not to be out done Sissy Anna came along More makes it twice as fun And with me is where they belong

Oh, jingle bells, jingle bells Shelby's playing in his cage Oh, what fun it is to have Pets of every stage Jingle bells, jingle bells Shelby's playing in his cage Oh, what fun it is to have Pets of every stage

-- p.hennessy



While you may have donated to Harvesters, Salvation Army or fulfilled a tree angel to help a family, another way that you can give (that costs little or no money) is to give to local animal shelter/rescue services by:

1) Volunteering to walk or foster an animal

2) Donating items, such as blankets, towels, newspapers, toys, cat litter, laundry soap, paper towels, bleach, office supplies, etc.

3) Donating food to the Northland Pet Pantry

www.northlandpetpantry.com (drop locations listed on the website)

Beware of items to keep away from your pets:



- Decorative plants (poinsettias, holly & mistletoe are toxic)
 - Cooked bones (they splinter & can choke or puncture)
 - Holiday treats (chocolate is especially dangerous)





Feature Companion for this issue: Legolas



Legolas has had a series of surprise attacks and exposure to bad behavior from other dogs, causing him to become defensive (aka reactive) at times. His "mom" has worked *very hard* teaching him how to have a calmer perspective during stressful situations. Using TTouch for calming and focus, positive reinforcement for motivation and redirection for management, Legolas has



learned to cope and become more confident. This helps Mom relax and feel better too. Another confidence booster for Legolas was trying out agility and he looks forward to doing some nose work as well. Giving our dogs outlets to be dogs is a real boost for their well being!



Announcements:

It's holiday time and N2paws is once again, offering a special on treats. Buy one type and get a second one (of the same type) for half off!!!! What a great stocking stuffer for the furry or feathered companion on your list.
Bully Sticks and liver or grain-free treats are good choices for nutritional quality and deliciousness (your dog or cat will thank you!).





N2paws will go to a quarterly newsletter beginning 2011. It will still include great tips and fun stuff (thanks to all who read it and I welcome your feedback). You can keep up on N2paws events at <u>www.n2paws.com</u>, and N2paws is also a frequent contributor to MetroPet magazine (<u>www.metropetmag.com</u>), available around town.

Training Tip of the Month:

The more verbal cues that your dog knows, the more language you have to communicate with her and, the more options you have when you want an alternative behavior from her. Now is the perfect time to add a new cue to your dog's vocabulary. You make think, "well she already knows the basics (sit, down, stay, come & leave it), and even knows how to shake, fetch, and give high five." Well you have a nicely trained dog and one who is itching to learn something new! You could teach "go out", "right", "left", "stop", "find it", the possibilities are endless (especially if there are tasks you could use help with around the house – tuning lights off and rounding up the kids to go to bed). If your dog is a bit rusty on the basics, now is a good time to practice those.









Quotes of the Month:

"If you get to thinkin' you're a person of some influence, try orderin' somebody else's dog around." – Cowboy Wisdom

"Never try to outstubborn a cat" - Lazarus Long, "Time Enough for Love"

Doga & Meowoga for this issue:

Vriabhadrasana (Warrior III Pose)

Strengthens shoulders & back muscles Tones abdomen Improves balance & posture Strengthens ankles & legs

Ghost (Feathered Peacock Pose)

Stretches upper back, shoulders chest & neck Calms the brain, and relieves stress Improves sense of balance



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to learn how to relax and have fun with your canine or feline companion! 20

Feature Adoptable Companion(s) for this issue: Trooper & Piper Trooper

p.s. trick photography - don't try this at home.....but do come to a Doga class



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Trooper has a heartbreaking story. He was in a foster home where he was loved and happy. Unfortunately the foster family was forced to give him up and he is currently in boarding and is so depressed. He so badly wants to

be back in a home where he can enjoy a nice quiet house and lots of TLC. Trooper is great with other dogs and just loves attention. He is house trained, kennel trained, and also fully vetted. Trooper needs a forever home or a long term foster.

If you would like to meet this precious boy, please check him out, or any of his peers, at Chain of Hope: www.chainofhopekc.org, or 816-221-8080, where their

mission is to help animals that cannot help themselves. N2paws offers discounted services to transition Trooper to his new home.



Feature Adoptable Companion(s) for this issue: Trooper & Piper



Piper

Look at gorgeous Piper! She was found eating out of trash in a park, so thin and scared, but has blossomed into a happy, very loving girl. This girl is truly one of the most amazing dogs we have ever met. She loves everyone and wants to be a lap dog. She especially likes belly rubs and to snuggle by people. Piper would be great in a home with children. We believe Piper

would be ok in a home with cats as long as she is properly introduced, but she is fearful of dogs so needs a home where she will be the only dog. She is fully vetted, house and crate

trained. Piper desperately needs a forever home or a long term foster.



If you would like to meet this precious girl please

check her out, or any of her peers, at Chain of Hope: <u>www.chainofhopekc.org</u>, or 816-221-8080, where their mission is to help animals that cannot help themselves. N2paws offers discounted services to transition Piper to her new home.

Upcoming Events for N2paws & other fun stuff

Not offering classes during November/December wishing you and your family a wonderful holiday season!!!!! Mark your calendar for first quarter 2011:

Jan 18 – Feb 12 – Doga (doggie yoga), Overland Park, KS (6:30-7:30pm) Feb 12 – Therapy Team Awareness, Overland Park, KS Feb 21 – Pedicures for Pups, Overland Park, KS (6:30pm) Mar 7 – Aging Gracefully, Overland Park, KS (6:30pm)

N2paws carries a nice variety of high quality treats (liver bites and grain-free treats). Contact <u>pat@n2paws.com</u> or 816-522-7005 for flavors (for dogs & cats).

N2paws carries a nice variety of treat dispensing toys by Premier.

If you would like to learn more about TTouch, you may contact N2paws by email: <u>pat@n2paws.com</u> or 816-522-7005, for a private session, group workshop or a public speaking opportunity. Also, visit our website <u>www.n2paws.com</u>, for interesting links and current event schedule.

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