

Allergy Season is in Full Swing

As we head from spring into summer we are well under way into allergy season, especially with the inhalant allergies such as pollens, molds, etc. Not all allergies come from plant life (weeds, grasses, trees and flowers). Our companion animals are just as susceptible as we are to industrial pollution and household cleaners. When it comes to allergies our dogs and cats don't display the same symptoms as we do. For us it is itchy, watery eyes, runny noses, and sneezing. For our dogs and cats it is skin irritation, which can turn into hot spots with excessive licking or chewing, and for some it can mean constant ear infections (usually due to yeast). Our animals' bodies build up heat, especially in the summer, and become a haven for yeast growth.

There are several ways to tackle allergies. Traditionally, vets will perform diagnostics such as blood tests or skin tests. This option usually leads down the path of diet changes and potentially immunotherapy (allergy shots). Some vets have recommended Benadryl, or similar drugs, with some success depending on the allergy. Another option would be to talk to your vet about supplements. Sometimes providing

supplements, such as probiotics (to help keep the correct bacterial balance in the intestine so that the body can better absorb nutrients), or omega-3 fatty acids (which provide nutrition to the skin), can be enough to get your companion's immune system back on track to fight off allergens. Always consult your vet before trying medications and supplements.

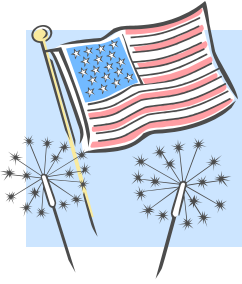


Keeping your pet hydrated is another useful way for them to stay resistant to irritants. This would include both fluid intake as well as skin hydration, such as the use of humectant sprays.

For another holistic option, there is an allergy treatment protocol called NAET (Nambudripad's Allergy Elimination Techniques), used primarily on people. Allergies cause energy imbalances. NAET applies a technique to remove energy blockages, allowing energy to flow and preventing future adverse reactions to those allergens. For more information about NAET, or to find a practitioner, go to www.naet.com.

*"The Doctor of the future will give no medicine, but will interest his patients in the care of the human frame, in diet, and in the cause and prevention of disease." --
Attributed to Thomas Edison (and applies to our animals as well)*

July 4th Tips



We are nearing the eve of Independence Day. Along with heat, July brings many outdoor celebrations which will surround neighborhoods and communities with bursts of noise here and there. To prevent injury, please keep all your companion animals inside (even those dogs & cats that love to be outside should be brought in for the holiday period). You may think your pet is safe from fireworks in your backyard, but they may burrow or run to get away from the noise and get themselves hurt or lost. Other things you can do to help your companion be more comfortable through the loud celebrations, would be to use body wraps or t-shirts (with supervision), during the noisiest times and you may also want to consider supplements, such as flower essences (www.greenhopeessences.com, animal wellness collection), or calming herbs (www.n2paws.amazonherb.net, Calmazon).

Feature Companion(s) for this issue: Picasso & Jasmine



Picasso and Jasmine are a pair of little Dachsy's that are cute and sweet and needed to learn a few new lessons and have a wonderful mom who was willing to learn along with them. Picasso had an issue about wetting boundaries and Jasmine had an issue with vocalization. They benefited from their mom learning more about the canine perspective and how to more effectively communicate what she wants from them. They got an added benefit of TTouch and aren't they just adorable in their new t-shirts? Using a body wrap (or t-shirt) will foster more focus when training new behaviors.



Just for Fun

Training Tip of the Month:

Those who wait get rewarded: It is important for your dog to learn to wait at doorways and take a cue from you that it is "ok" to go forward. You may need to look around and make sure it is safe for your dog to go out. You may be carrying a large package and not want your dog bounding out the door and knocking you down or getting in the way where you step on him. It is good manners for them to learn to wait for your cue. You can teach this by asking for the cue, taking a step through the doorway, then offering a reward – slowly increasing the amount of space between you and your dog each time you give the cue.



Quotes of the Month:

"Nobody can fully understand the meaning of love unless he's owned by a dog." - Gene Hill

"Cats don't have to be put on pedestals - they put themselves there."
- Anonymous

Feature Adoptable Companion for this issue: Candle



Candle is a 5 year old dark brindle female. She was in a home for two years but, unfortunately, was returned (not a good match). She is very sweet and playful and gets along great with her foster greyhound brother. Candle loves attention from people of all ages. She has successfully completed basic obedience class. Candle is fine with cats and small dogs.



You may check out Candle or any of her peers at Greyhound Pets of America www.gpamokan.org,

whose mission is to find forever homes for ex-racing greyhounds. **N2paws** offers discounted services to help Candle make a smooth transition to her new home.

Upcoming Events for N2paws & other fun stuff

June 8 – Dog-n-Jog, 7-10am, Country Club Plaza

June 14 – Chardonnay for Shiba's, 4-6pm, Wine Tasting Fund Raiser, South KC

June 21 – Paws in the Park, 9am-1pm, Shawnee Mission Park (Beach)

Jun 27-28 – Belton Community Days, Belton, MO

Jun 29 – Half-day, TTouch for Dogs workshop, Belton, MO

Jul 12 - Doga Class, 1-2:30 pm, Overland Park, KS

Jul 27 – Big Dog Agility, Fund Raiser, Overland Park, KS

(Tails R Waggin, hosted by Personable Pets & Sympawtico Dog Training)

If you would like to learn more about TTouch, you may contact N2paws by email: pat@n2paws.com or 816-522-7005, for a private session, group workshop or a public speaking opportunity. Also, visit our website www.n2paws.com, for interesting links and current event schedule.

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