



January / February 2008 Newsletter

New Year Blessings

Reflections on 2007

I am late getting the newsletter out. I had a very busy 4th quarter for 2007. I ended the year with bad news and good news.



I had a very tragic Thanksgiving weekend. I lost my “heart” dog Sabrina (see memorial below). There are people and animals that come into your life and touch your soul. They have a very special place in your heart and will never be forgotten.

The good news, which turns out to be bittersweet, is that my “nosey” dog Anna, earned her Tracking title in December. Tracking is a fun activity because it uses the dog’s natural ability and it teaches a person to learn to trust their dog.



Pet Grief – The Silent Heartache

Many people don’t understand the intense pain of losing a beloved animal companion. Some people don’t have pets. Some people have a different perspective on the role of pets within their family. Therefore, it can be a more difficult time for someone who’s animal was a strong companion or maybe the only companion in their life. If you don’t have other “animal” friends to lean on, there are pet grief groups and websites that offer support (www.visitrollingacres.com, www.petloss.com, www.chancespot.com).

There are other ways that you can honor the life of your animal companion.

Light a Candle: some will light a candle for 3 consecutive days to honor the spirit of their companion; some will light 4 candles to represent Grief, Courage, Memories and Love; some will light several candles around the house and just meditate for a peaceful transition of souls.

Plant a tree: what a great way to renew life force energy on the planet by planting a tree in honor of your beloved companion and watch it grow.

Write: write in a journal or write a poem to let your feelings out.

Build a memorial: place a statue or special stone in your home, yard, or garden; put together a photo album, scrapbook, photo gallery, etc. (you can turn your photos into a DVD, check out www.dgregory1.myphotomaxusa.com).

Host a Reiki session: use Reiki to bring peace during the transition of your beloved animal companion.

Talk with an animal communicator: utilize animal communication to help you work through a difficult journey (www.lindatrent.com).

A wise woman once told me to look at the passing of a loved one as a “change of address”. They may not be here in body, but their spirit and their memory is with us always.

A celebration of life: *Sabrina – Angel of MidKnight*

9/18/97 – 11/25/07

*The phone rang early that September morn
Our precious baby girl was born
I brought her home riding on my chest
I knew her daddy had picked the best*

*Her big brown eyes, her excited smile
her bark, her dance, was just her style
of telling you, its time to play
or telling you, "come, head this way"
"Show me, show me", I would say
and expect her to lead the way*

*She'd whine for treats or to go out
or just to get you up and about
Or to tell you someone needs some help
who wasn't able to tell you himself*



Photo courtesy My Yuppie Puppy

*She left a legacy, nine babes of black,
Scattered o'er the land
Bold and beautiful, a rambunctious pack,
But none were quite as grand*

*A single bark, to come back in...
still echoes in my mind
I see her lying in the grass,
her spirit with me for all time
My rock, my friend, my pride and joy
I loved you more than life itself
The hole in my heart will never mend
until the day we meet again.*

To Sabrina – the love and light of my life

*You are with me always
-- your momma (ph)*

Tip & Quote of the Month:

Set your kitty or puppy up for success: if they get into the trash or toilet paper, shut the door; if they like to nap on the recliner and end up scratching the leather or leaving hair on the upholstery, throw a blanket over it.

I think dogs are the most amazing creatures; they give unconditional love. For me they are the role model for being alive." - Gilda Radner

Feature Companion for this issue: Dobbe



As a kitten Dobbe was sponsored by Pet Connection. At 6 weeks old he was not able to eat, therefore, not able to thrive. The first (traditional) vet could not find anything specifically wrong with him. The second (holistic) vet was suspicious of some underlying problems. He was treated with Chinese herbs, vitamins and force fed. He was given TTouch, Alpha-Stim and plenty of TLC. He rallied around and was on the mend for a couple of months. Unfortunately, he took a down turn early in February and was no longer able to hold his own. As mentioned above, animals come into our lives and touch us in many ways. Even in their short lives they teach us compassion and the love that we can give them is a joyous union.



Feature Adoptable Companion for this issue: Leia

Leia is an older female Shiba Inu (about 8 years old). She is a sweet and shy girl who needs a little time to get to know new people and become accustomed to new situations. She would love a quiet home where she can enjoy life at a slower pace. She thrives on gentle attention such as TTouch. She would be ok with mellow dogs and gets along with cats. You may check out Leia or any of her peers at Midwest Shiba Inu Rescue (MSIR) www.shibarescue.org. MSIR brings Shibas to PetCo (see website for dates & location).



Upcoming Events for N2paws & other fun stuff

- Mar 6 - Doga Class, Thursday 6–7pm, Mission KS**
- Mar 8 - Doga Class, Saturday 10–11am, Mission KS**
- Mar 16 – Half-day, TTouch for Dogs workshop, Gladstone, MO**
- Mar 20 – Apr 24 - Doga Class, Thursdays 6–7pm, Mission KS**
- Mar 29 – May 3 - Doga Class, Saturdays 10–11am, Mission KS**
- Mar 29-30 – TTouch demo at Home Show, Bartle Hall**
- Apr 12 – Meowoga Class, Saturday 11am-12pm, Mission KS**
- Apr 27 – Half-day, TTouch for Dogs workshop, Belton MO**
- Apr 19-20 – Pet Expo (American Royal)**

If you would like to learn more about TTouch, you may contact N2paws by email: pat@n2paws.com or 816-522-7005, for a private session, group workshop or a public speaking engagement for your club or organization. Also, visit our website www.n2paws.com, for interesting links and current workshop schedule.

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