

**What is on your animal companion's wish list?**



Maybe your dog would like you to spend a little more fun time with him – playing fetch or going to the park. Maybe your kitty would like some bonding time, just sitting in your lap on the sofa next to you while you read or watch TV. Maybe your bird would like some time out of her cage – sitting on your shoulder or playing with a new toy.

We lead such busy lives, with too many to-do items on our daily calendars, but we rarely schedule quality time with our pets just to relax or play. We will make appointments to go to the doctor, get the car tuned up, have lunch with a friend, get a hair cut, but we don't "make" appointments to simply spend time with our furry and feathered family members. We will schedule a time to take them to the vet/groomer, buy them shiny new collars or set up a seasonal photo session, but are those things your dog actually enjoys? Even if you pick up a cute toy when you run into the pet mart, is that really as good as devoted time with you (the person they dedicate their lives to)?



Some things you might consider as you celebrate the holiday season, giving thanks and sharing gifts, is to give thanks and share some special moments with the non-human companions in your life. One way to do that is to set aside some specific times (daily or weekly), that you will do something that your animal companion enjoys. That could be interacting in play (or some other fun activity such as agility or freestyle), or doing something relaxing like TTouch, meditation (especially to music), yoga, or just plain snuggling (if it is something your animal friend *enjoys*). It's not like you can take your dog out to a fancy restaurant, but you could prepare her a home-cooked meal occasionally (meat & veggies preferably).



There are many ways to honor the animals in our lives (see list below for ideas and resources). They give us unconditional love. It is our duty to find ways to return the gift. And as we head into winter, don't forget to thank our wild animal friends for making our planet a more beautiful place, by putting out a feeder or bread crumbs.



## Feature Companion for this issue: Titan



Titan is my (oversized) male German Shepherd dog, almost 8 years old. He is a big lovable guy, but somehow got himself in trouble because he started wobbling and walking around like a drunk. I was immediately concerned that he had a degenerative disease. As it turns out he must have injured a disc that caused slight paralysis and

certainly weakness in the hind quarters. Along with veterinary care, TTouch, a few Alpha-Stim treatments and some Amazon Herbs, he is on the mend and back to his playful, mischievous self.



## References: Ideas for your Shopping List

**TTouch Lesson or Workshop (N2paws Gift Certificates)**

**Doga or Meowoga Classes (N2paws Gift Certificates)**

**Amazon Herbs - enhanced health for people and animals, go to:**

<http://n2paws.amazonherb.net/>

**Reiki session for your animal companion (N2paws Gift Certificates)**

**Tasty Treats: contact [pat@n2paws.com](mailto:pat@n2paws.com) or 816-522-7005**

**Liver Treats (small bag \$6, large bag \$14), great for training**

**Bully Sticks (\$3 each holiday special), great for chewing & entertainment**

**Cat Toys ([www.auntieemcreations.com](http://www.auntieemcreations.com))**

**Dog Training (puppy, family manners, agility, freestyle, etc.) - find a trainer in your neighborhood : [www.KCDogTrainers.com](http://www.KCDogTrainers.com)**

**Animal Communication session with Linda Trent (gift certificates available):**

[www.spiritwhispers.net](http://www.spiritwhispers.net) or 816-734-4101



## Just for Fun (Tip & Quote of the Month):

When training your dog (or cat), you need to “supervise”, which will allow you to channel the behavior into positive outcomes. You want to “direct” behavior instead of “correct” it. You can’t direct, what you can’t see. Spend time observing so that you can train toward the behavior you want her to offer. When you can’t supervise your dog (or cat), provide a safe place for her to be contained (room or crate).

Dear God: Do bird angels have two sets of wings or is the one enough? - Coco [Pets' Letters to God - Mark Bricklin]



## Upcoming Events for N2paws & other fun stuff

**Nov – Half-day, TTouch for Dogs workshop, Gladstone, MO (rescheduled to March 16)**

**Jan 10 – Feb 21 - Doga Class, Thursdays 6–7pm, Mission KS**

**Jan 12 – Feb 16 - Doga Class, Saturdays 10–11am, Mission KS**

If you would like to learn more about TTouch, you may contact N2paws by email: [pat@n2paws.com](mailto:pat@n2paws.com) or 816-522-7005, for a private session, group workshop or a public speaking engagement for your club or organization.

Also, visit our website [www.n2paws.com](http://www.n2paws.com), for interesting links and current workshop schedule.

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