



## Nov. / Dec. 2006 Newsletter

### Have a Safe & Stress-free Holiday Season with Your Animal Companions

As we head into the season for decorating and celebrating, remember that while we are enjoying the scenery and filling our tummies, our animal companions won't enjoy everything as much as we do.

#### Holiday safety tips:

- certain plants can be poisonous (such as mistletoe, poinsettia, several ivy and lily plants)
- certain foods can be toxic or cause stomach upset/diarrhea (such as chocolate, raisins/grapes, onions, and mushrooms)
- allow your pet to have a safe place to go when guests are present
- always supervise your pet around small children



One of the greatest things about the season is the giving of gifts and watching the joy on the faces of our furry & feathered "kids". The best gifts that you can give your animal companion are those that provide enrichment – something interesting and challenging to engage your pet. It can be multi-colored, a different texture than what they are used to, something that makes noise or contains treats. Holiday gift ideas for your companion:

- **Dogs:** Toys that hold treats (there are several different sizes and shapes and difficulty levels), Toys with different textures for chewing or that make sounds (these should be given under supervision), Bully Sticks/Meat Tendons (for chewing – also given under supervision)
- **Cats:** Toys of different textures with catnip sewn in them, Toys that engage the cat in play (rolling a ball around), Tall cat stands/climbing trees (something that gives the cat a place to hide)
- **Birds:** Toys with different colors and textures (beware of rope, it can unravel and tangle), TV or radio, Toys or Fixtures that food can be placed in to make it challenging for the bird to get at the food (this creates a foraging opportunity for the bird, something that uses its natural instinct)

Providing an enriched environment for your pets can make a huge difference in their world. Giving your dog a treat filled toy or your cat a catnip filled toy, would be like giving a nice bottle of wine to a friend.

While fulfilling holiday obligations or having fun with friends and family this festive season, we all need to set aside some special time for our animal companions. We should be thankful for all the "special time" they give us throughout the year.



## Feature Companion(s) for this issue: TTouch Workshop

If you know someone that would like to learn a little about TTouch, attending an Intro workshop is a fun way to learn. Stasi Malloy of ABC Pet Training hosted a couple of workshops this fall. People got to relax with their dogs, help their dogs be more focused, and learned how to calm their dog's fears with tools and techniques that are easy to apply when they are out and about or at home.



### Announcements:

N2paws will be offering yoga with your animal companion in January. This will not just be the doggie yoga that you might have heard about, sometimes called Doga, this will be an opportunity to teach people how to relax with their companion and enhance that special bond with their furry friend. There will be TT/Doga (for dogs) and TT/Feloga (for cats). Check out the event schedule and contact N2paws ([pat@n2paws.com](mailto:pat@n2paws.com) or 816-522-7005) to sign up early.

N2paws has held workshops and other pet related events at the Pet Connection (5918 Broadmoor, Mission, KS). Pet Connection is a great place to book an event for your family or organization group activity. If you need a spot for a small party, reception, open house/product show, keep Pet Connection in mind. The rental fee goes to a good cause ☺.

### Just for Fun:

“Acquiring a dog may be the only opportunity a human ever has to choose a relative.” - Mordecai Siegal (ditto for cats, horses, etc.)



## Upcoming Events for N2paws & other fun stuff

**December 2 – Half-day, TTouch for Dogs workshop, in Belton, MO**  
**January TBD – Half-day, TTouch for Dogs workshop, in Liberty, MO**  
**January TBD – Half-day, TTouch for Cats workshop, in Lenexa, KS**  
**Jan. 17 – Feb. 21 – TT/Doga Class, Wednesdays 6:30pm – 7:30pm**  
**Jan. 20 – Feb. 24 – TT/Doga Class, Saturdays 10:00am – 11:00am**  
**Feb. 28 – Apr 4 – TT/Feloga Class, Wednesdays 6:30pm – 7:30pm**



**If you would like to learn more about TTouch, you may contact N2paws by email:**  
**[pat@n2paws.com](mailto:pat@n2paws.com) or 816-522-7005, for a private session, group workshop or a public speaking engagement for your club or organization. Also, visit our website [www.n2paws.com](http://www.n2paws.com), for interesting links and current workshop schedule.**

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