

My How Fast Time Flies

Can you believe Summer's end is here? It sure went by fast! With it being so cool this summer, it seems like it went even faster. You blink your eyes:

Honk - the school buses are running again. Have you signed Harley up for a Fall class? There are some fun ones to pick from (see Events listed below).



Boo – time for a costume party. Does Molly have a trick? Myth – you can't teach an old dog new tricks – BUSTED. You certainly can (see Training Tip of the Month). Do you have some treats for the occasion? See



Announcements below for the **N2paws** Halloween special (Buy 1 Get 1 Treats  expires 10/31/14).

Yum – do I smell turkey & dressing and pumpkin pie? Woof – do I smell turkey scraps to top off my dinner? Meow – I smell it too 😊.



Twinkle – the blinking lights are glistening off the snow, the flicker from the candles signal the night's blessing. The stockings are filled with doggie and kitty treats  (don't forget Harley & Molly on your shopping list).



Five – Four – Three – Two – Ring out the old and ring in the new. In just the blink of an eye we will be welcoming the New Year.



Time does fly, so make sure you set some aside each day to acknowledge the ones you love. *“Life is not measured by the breaths we take but by the moments that take our breath away.”*

Winter's Song



Winter's song will be beckoning soon. Whether you go by the Farmer's Almanac or wooly worms for predicting winter, autumn has certainly gotten a head start. The cooler weather allowed us the opportunity to open windows and save energy, but it is a sharp reminder that the days will be getting shorter.

We have to cram all our work tasks, home chores, and personal care into a shorter amount of waking hours. It doesn't leave much time for fun activities.

It is important to keep ourselves and our dogs in shape over the winter months. It's a time we (humans) usually eat heavier foods and are less active. Our dogs also get less exercise during this period – fewer walks and minimal dog events. So, make a pact with your pack to eat sensibly and move more! If you can't go outside, find fun things to do around the house. Hide toys and play “find it”. Toss a soft toy around and let Misty chase it. And you might consider Doga (for staying balanced).



Feature Companion for this issue: Animal in Need



than connecting a homeless animal with a forever family!

You love and cherish your animal companions - they are family members. You would not want to be without them. Unfortunately there are many animals who do not have families, and thankfully, there are many wonderful organizations in our community taking them in and working hard to get them adopted. If you have the capacity to bring a new furry or feathered friend into your home, that's awesome. If you can't accommodate a new addition, consider short-term fostering, volunteering with fundraising events or transports, or making a monetary donation to help with expenses. Nothing is more rewarding



Dogs & Cats are available at shelters around the greater Kansas City area (KC Pet Projects, Great Plains SPCA, Wayside Waifs, Humane Society of Greater KC, HELP Humane Society, Parkville Animal Shelter, and Unleashed – to name a few). There are also several foster-based organizations (Chain of Hope, Animals' Best Friends, TARA, Furry Kids Refuge, etc.).

If you are looking for a specific breed, there are local rescue organizations that work with those breeds: Basset Hounds & Beagles, Border Collies, German Shepherds, Greyhounds, Golden Retrievers, etc. There are also groups who specialize in small breed dogs and groups who work specifically with cats.

Birds can be adopted from Beak and Wings (www.beakwings.org). Rabbits can be adopted from the Missouri House Rabbit Society (www.mohrs.org).



Training Tip of the Month:

In honor of the season for “tricks” and “treats”, why don’t you teach Sadie a new trick? She is never too old to learn. The older she gets the more often you should challenge her cognitive skills. You can teach Sadie to bring (or fetch) you a basket and give her a treat. If she has not ever carried something in her mouth you will have to start with the basics. You will need to find a basket or bowl-with-handle that is comfortable for her to pick up. Start by rewarding her for picking it up, then ask her to “come” to you with it in her mouth. Then you can move on to teaching her to “go get the basket”. You will need plenty of high value treats to reward her efforts.



You will want to have Sadie do this as a trick by going to get her basket and then put a doggie treat in her basket as you hand out candy treats to the 2-legged goblins. You definitely don't want to have Sadie carrying around a basket of candy (as it would be dangerous if she got into it).



Just for Fun & Heart Tugs

Doga & Meowoga Corner



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Our canines and felines are masters of yoga – stretching, relaxing, and becoming centered.

Our companion animals have a better ability than we do to be flexible. They are often acrobatic and entertaining. Doga and Meowoga are fun ways to share improving body, mind, & spirit with your furry companions. It will develop your observation skills about their range of motion or limitations, all while deepening your bond with them. It is a good way to teach awareness through movement and enhance wellness in a safe and integrative way.



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Quotes of the Month:

"The clearest way into the Universe is through a forest wilderness." - John Muir

*"Some people talk to animals. Not many listen though. That's the problem"
- A.A. Milne (author of Winnie-the-Pooh)*

Announcements:



N2paws is offering Buy 1 Get 1 on specific treats for your furry goblin this Halloween. These make good stocking stuffers for the dog or cat on your holiday shopping list as well. For another wonderful "treat" for your canine companion – consider signing up for a specialty class – Doga, Aging Gracefully, Pedicures for Pups, etc.



Feature Adoptable Companion(s) for this issue: Callie (MoGS) & Pepi (NKC Animal Control)



Callie is a young girl with energy to burn. She was neglected and un-socialized, then dropped off at a high kill shelter. Fortunately, MoGS was able to pull her and is working to polish her skills – like My Fair Lady. She is very sweet and curious and will follow you around like the paparazzi. Since she was not properly socialized, she can be too rambunctious with other dogs – so must be introduced carefully. Callie will need continued training and strong leadership. She will do well with another doggie play buddy of her same age and energy level – a dog who is not too assertive or submissive but similar to her play style. Callie does well with dog-friendly cats and grade school or older children. Callie is loving and fun and will make a wonderful family companion.

If you would like to meet Callie or any of her fellow fosters, check them out at Missouri German Shepherd Rescue: <http://mogsrescue.rescuegroups.org>, where their mission is to help animals that cannot help themselves. All dogs are spayed/neutered and current on shots.

Pepi is a sweet mid-life boy, who just wants to be your buddy. His former guardian gave him up because she determined she couldn't handle his energy level (with a job change Pepi was being left alone longer and not getting enough exercise). Pepi is a Rhodesian Ridgeback (possibly high mix), who definitely needs an energy outlet. He gets along with other dogs and seems to get along with cats. Pepi will need an active family and at minimum some structured exercise (daily walks or playtime) – ideally a play/walk/rest balanced lifestyle. He is a great guy and just needs to share his love and enthusiasm. He needs to know he has a forever home!

If you would like to meet Pepi, check him out at North Kansas City Animal Control: <https://www.petfinder.com/petdetail/29771645/>. All dogs are spayed/neutered and current on shots. I am currently trying to get him into Rhodesian Ridgeback rescue. If you think you could foster this big lovable guy for them, please contact me (816-522-7005).

N2paws offers discounted services to help transition any of the featured dogs to their new forever homes. If you aren't in a place to bring in a new canine family member at this time, please consider a donation to help the cause of changing one dog at a time.



Upcoming Events for *N2paws* & other fun stuff

Oct 4-5 – KC Pet Expo, Overland Park, KS 10am-6pm

Oct 18 – Doga, Peculiar, MO 10:00am

Oct 19 – Dogtoberfest (original), Fleming Park, MO 10am-4pm

Oct 25 – Aging Gracefully, Peculiar, MO 10:00am

Nov 1 – TTouch, Peculiar, MO 10:00am

Nov 8 – Pedicures for Pups, Peculiar, MO 10:00am



N2paws carries a nice variety of high quality treats for dogs & cats (liver bites, grain-free treats, bully sticks). Contact info@n2paws.com or 816-522-7005 for flavors.

- N2paws teaches the TTouch® method to influence behavior and well-being.

If you would like to learn more about TTouch, you may contact ^{N2paws} by email: pat@n2paws.com or 816-522-7005, for a private session, group workshop or a public speaking opportunity. Also, visit our website www.n2paws.com, for interesting links and current event schedule.

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